



## St. Louis Public Schools (SLPS) Food & Nutrition Services Department

### **Althea Albert-Santiago, Director**

Email: [althea.albert-santiago@slps.org](mailto:althea.albert-santiago@slps.org)

Office: 314-345-4519

Mobile: 314-934-5302

### **Tenecia Williams, Accountability Specialist**

Email: [tenecia.williams@slps.org](mailto:tenecia.williams@slps.org)

Office: 314-345-2308

Mobile: 314-379-6189

### **Summer Askew, Catering Specialist**

Email: [summer.askew@slps.org](mailto:summer.askew@slps.org)

Office: 314-331-6115

**Office Location: 801 Board of Education Building**

**Office Hours: M-F, 8:00 AM – 4:45 PM**

**Webpage:** [slps.org/Page/36449](http://slps.org/Page/36449)

### **What Is New / Ongoing In 2023-2024?**

- Community Eligibility Provision
- Breakfast in the Classroom
- Lunch in the Classroom
- Grab and Go Breakfast Carts
- At Risk Supper Program
- Grant Funding
- Field Trips
- Special Diet Requests
- Summer Food Service Program
- Nutrition Education Programs

## **Existing Programs**

### **The SLPS Department of Food and Nutrition Services (FNS) and Southwest Foodservice Excellence (SFE)**

- Continues to promote and support healthy and wholesome meals.
- Believes in providing appealing meals made with fresh and locally grown produce.

Saint Louis Public Schools (SLPS) Food and Nutrition Services Department adheres to all policies and procedures set forth by the United States Department of Agriculture (USDA), Department of Elementary and Secondary Education (DESE) and Missouri Department of Health and Senior Services (MDHSS)

### **Department of Elementary and Secondary Education (DESE)**

- ☐ Community Eligibility Provision (CEP) Program
  - *All SLPS students receive a free breakfast, lunch, dinner, and snack.*
- ☐ School Breakfast Program (SBP)
- ☐ National School Lunch Program (NSLP)
- ☐ Fresh Fruit and Vegetable Program (FFVP)

### **Missouri Department of Health and Senior Services (MDHSS)**

- ☐ Child and Adult Care Food Program (CACFP)
- ☐ Summer Food Service Program (SFSP)

### **School Breakfast Program (SBP)**

- Breakfast served in the cafeteria.
- **Breakfast in the Classroom- BIC** (PreK and Kindergarten)
- The food service staff delivers the meals to the pre-kindergarten and kindergarten classes
- Grab 'N Go Carts
- Second Chance Breakfast

### **National School Lunch Program (NSLP)**

- Lunch served in the cafeteria.
- **Lunch in the classroom- LIC** (an extension of the BIC Program)
- The food service staff delivers the meals to the pre-kindergarten and kindergarten classes

### **Water**

- Water is offered to all students during breakfast and lunch.

### **Service Times**

- Service periods can only be changed with a written request to **Althea Albert-Santiago, Director of Food and Nutrition Services**.
- The Department of Elementary and Secondary Education and the Missouri Department of Health and Senior Services approves all service times.

***All food programs are required to have written approval by Althea Albert-Santiago, Director of Food and Nutrition Services***



## Existing Programs

### **Awards and Grant Funding**

The Food and Nutrition Services Department and Southwest Foodservice Excellence staff thank our community partners for the grant funding to continue implementing the Breakfast in the Classroom (BIC) and Lunch in the Classroom (LIC) Programs. SLPS has received additional funding through the Saint Louis Dairy Council, Midwest Dairy Association, and the No Kid Hungry Grant to expand the district's students' federal child nutrition programs. In addition, the FNs Department has purchased smoothie bike, produce for the Farmer's Markets and various equipment to help implement the BIC and LIC Programs.

### **Field Trip Request**

The Food and Nutrition Services Department provides **sack lunches** for field trips and special events. Please inform the cafeteria leads two (2) weeks before the field trip or special event to ensure the Cafeteria Lead has time to order and prepare meals.

### **Special Diets**

Special dietary accommodations are provided for students with celiac disease, diabetes, food allergies, PKU, dysphasia, and other physician-prescribed nutritional needs. A licensed practitioner must provide and sign proper documentation stating the dietary requirements to give these accommodations. A registered dietitian will create a special menu for the student with this documentation. For additional information, refer to Policy #5142 **Student Allergy Intervention & Response Policy** & **R5142 Policy Student Allergy Intervention & Response Policy** <https://www.slps.org/Page/36449>.

## Nutrition Education Programs

**Fresh Fruit and Vegetable Program** –offered to only qualifying elementary schools. Provides fresh produce during the school day. Includes nutrition education.

**Roving Chef Program**- This program is a hands-on cooking class for students of all ages.

**Monthly Promotions in the Café**- New food items and special food holidays will be celebrated in the café throughout the school year. Elementary students loved our breakfast for lunch promotion last year!

**Nutrition Education Program** - In this program, the students learn about different health and nutrition topics by doing taste tests and/or hands-on activities.

**Café Displays** - These are mini-nutrition educations held across the district. The students have a chance to learn health information and do taste tests.

**Taste Testings** - These give the students a chance to try new foods that they may not have eaten before.

**Focus Groups** - This is a group of 10-12 students that come together to discuss the food being served. Southwest Foodservice Excellence (SFE), the food service company, uses this information to create a menu and recipes that the students will enjoy.

**Foodapalooza** - These events teach children all aspects of food and where food originates from. Students learn about harvesting, what is needed for harvesting, and even get to plant their own vegetable or fruit to take home with. There were 3 Foodapalooza events held this past year.

**Farmers markets** - This program is designed to give students an opportunity to try a variety of fruits and vegetables in a safe environment. They can learn about new foods and watch their peers try new foods as well.

**Health Fairs** - Health fairs are designed to bring the schools and communities together in order to promote health and wellness.

**For more information about the Nutrition Education Programs, please contact Althea Albert-Santiago, Director- SLPS Food and Nutrition Services (314) 934-5302 or [althea.albert-santiago@slps.org](mailto:althea.albert-santiago@slps.org), Tenecia Williams Accountability Specialist (314) 775-8148 [tenecia.williams@slps.org](mailto:tenecia.williams@slps.org) or Faith Fude MS, RD Nutrition Coordinator III- Southwest Foodservice Excellence (314) 381-4155 [faith.fude@slps.org](mailto:faith.fude@slps.org).**

***This Institution is an equal opportunity provider***